Coffee & Tea

	Single	Double	
Espresso	2.50	3.05	
Espresso Machiatto	2.75	3.50	
Cortado	2.95	3.95	
	8 oz	**12 oz**	**16 oz**
Regular Coffee/Decaf	2.10	2.45	2.80
Americano	2.70	3.45	4.15
Cappuccino	3.45	4.45	
Latte		3.80	4.80
Flavoured Cappuccino	3.50	4.75	
Flavoured Latte		3.85	5.10
Extra Shot 1.00 Extra Flavoured Shot .50			
Hot Chocolate	3.25	4.25	5.25
Flavoured Hot Chocolate	3.50	4.75	5.95
Mochaccino	4.95	5.95	
Chai Latte	2.95	3.95	4.95
Pluck Tea			
Earl Gray Cream	2.75		
English Breakfast	2.75		
Masala Chai	2.75		
Fields of Green	2.75		
Harvest Mint	2.75		

Cold Drinks	16 oz
Iced Latte	4.80
Iced Frappuccino	6.99
Cold Brew	3.35

Milk / Milk Alternatives	
Homogenized Milk-3.5%	0.00
2% Milk	0.00
10% Cream	0.00
Lactose Free	0.50
Skim Milk	0.50
Soy Milk	0.50
Almond Milk	0.50
Oat Milk	0.50

Syrup Options	
Toasted Marshmallow	0.50
Caramel	0.50
Hazelnut	0.50
Vanilla	0.50
Caramel Sugar Free	0.50
Vanilla Sugar Free	0.50

Sauce Options	
Dutched Chocolate	0.80
White Chocolate	0.80
Classic Caramel	0.80

All Day

Croissant 3.10

Muffin 3.50

Danish 4.10

Chocolate Croissant 3.60

Chocolate almond croissant 4.10

Bostock 4.10

Muffin 4.00
GF option available

Donut 4.99
GF option available

Cookie GF 4.99

Coffee cake Loaf banana cream 3.50

Bagel 4.00
Served with cream cheese

Lemon Poppy Loaf 3.50

Yogurt Parfait 3.50

Fruit Cup 3.50

Cookies 3.00

Lunch

SALADS

Quinoa & Tempeh Salad Bowl 12.99
Organic Split Pea, Sunflower Seed Tempeh, Artichokes, Mushrooms, Eggplant, Sundried Tomatoes

Summer Salad 11.50
Summer Greens, Shaved Radish, Fennel, Edamame, Julienne Carrots in Balsamic Dressing

Caesar Salad 11.50
Romaine Hearts, Croutons, Bacon in Caesar Dressing

Wine Bar

Pecorino & Cured Tomatoes 8.00

Pickled Vegetables 9.00

House Olives 8.00

Cheese Board 27.00
3yr aged Mountain Oak Gouda, 5yr Ontario Aged Cheddar, House Brie, Hockley honey, Pickled Vegetables, Crostini, EVOO & Saba

Salumi Board 28.00
Ontario Prosciutto, Chobai Mild, Soppressata, Hockley Honey, Pickled Vegetables, Crostini, Evoo & Saba

Breakfast Only

Belgian Waffles -7:00 -11:00 AM 14.99
Banana Butter, Fresh Berries, Nutella Chocolate, Ganache, Whipped Cream

Breakfast Beyond Meat Sandwich 8.00
English Muffin, Beyond Meat Vegetable Patty, Egg, Cheddar Cheese

Breakfast Sandwich 6.99
English Muffin, Egg, Bacon, Cheddar Sausage, Cheese & Chive

Breakfast Wrap 7.50
Scrambled Eggs, Black Beans, Garbanzo Beans, Hashbrown, Shar Cheddar, Chives

Eggs Benedict - 7:00 - 11:00AM 14.99
Mushrooms, Spinach, Poached Eggs, English Muffin in Hollandaise Sauce

Classic Ham Benedict-7:00 -11:00AM 15.99
Mushrooms, Poached Eggs, English Muffin in Hollandaise Sauce

Soups

Soup Du Jour 6.00

(Chefs Choice Daily Soup)

Sandwiches

Smoke Kola Pore Trout 12.99
Sourdough, Swiss Cheese in Fresh Dill & Taragon Aioli

Ham & Cheese 7.99
Croissant, Lettuce, Tomato, Cheddar Cheese, Aioli

Heirloom Tomato & Fior Di Latte 12.00
Black Olive Panini, Fire Roasted Peppers, Bomba Aioli

Lamb and Beef Pita 13.50
Onions, Peppers, & Arugula in a Roast Garlic Aioli

Turkey & Cranberry 7.99
Croissant, Turkey, Swiss Cheese, Arugula in a Cranberry Aioli

Chicken Caesar Wrap 9.99
Grilled Chicken, Reggiano, Romaine Hearts in Caesar Dressing

Roast Beef 13.50
Demi Baguette, Peppers, Caramelized Onion Jam, Mustard & Horseradish Aioli

Grilled Chicken Panini 12.50
Whole Grain Panini, Tomato, Provolone Basil Aioli